

500 Words Essay on Respect

Respect is a broad term. Experts interpret it in different ways. Generally speaking, it is a positive feeling or action expressed towards something. Furthermore, it could also refer to something held in high esteem or regard. Showing Respect is a sign of ethical behavior. Unfortunately, in the contemporary era, there has been undermining of the value of Respect. Most noteworthy, there are two essential aspects of Respect. These aspects are self-respect and respect for others.

Self-Respect

Self-Respect refers to loving oneself and behaving with honor and dignity. It reflects Respect for oneself. An individual who has Self-Respect would treat himself with honor. Furthermore, lacking Self-Respect is a matter of disgrace. An individual who does not respect himself, should certainly not expect Respect from others. This is because nobody likes to treat such an individual with Respect.

Self-Respect is the foundation of a healthy relationship. In relationships, it is important to respect your partner. Similarly, it is equally important to Respect yourself. A Self-Respecting person accepts himself with his flaws. This changes the way how others perceive the individual. An individual, who honors himself, would

prevent others from disrespecting him. This certainly increases the value of the individual in the eyes of their partner.

Lacking Self-Respect brings negative consequences. An individual who lacks Self-Respect is treated like a doormat by others. Furthermore, such an individual may engage in bad habits. Also, there is a serious lack of self-confidence in such a person. Such a person is likely to suffer verbal or mental abuse. The lifestyle of such an individual also becomes sloppy and untidy.

Self-Respect is a reflection of toughness and confidence. Self-Respect makes a person accept more responsibility. Furthermore, the character of such a person would be strong. Also, such a person always stands for his rights, values, and opinions.

Self-Respect eliminates the need to make comparisons. This means that individuals don't need to make comparisons with others. Some people certainly compare themselves with others on various attributes. Most noteworthy, they do this to seek validation of others. Gaining Self-Respect ends all that.

Respect of Others

Everyone must Respect fellow human beings. This is an essential requirement of living in a society. We certainly owe a basic level of Respect to others. Furthermore, appropriate Respect must be shown to people who impact our lives. This includes our parents, relatives, teachers, friends, fellow workers, authority figures, etc.

One of the best ways of showing respect to others is listening. Listening to another person's point of view is an excellent way of Respect.

Another important aspect of respecting others is religious/political views. Religious and cultural beliefs of others should be given a lot of consideration. Respecting other people's Religions is a sign of showing Respect.

Everyone must Respect those who are in authority. Almost everyone deals with people in their lives that hold authority. So, a healthy amount of Respect should be given to such people. People of authority can be of various categories. These are boss, police officer, teacher, etc.